

Courses on Mondays

Body & Mind	17.30-18.30	Introduction in mindfulness	Iris Platenkamp	10 wks
Dance	17.00 – 18.30	Boy Lab	Gaja Karuso	14 wks
	18.30 – 19.30	Modern dance-beginners	Iris Platenkamp	14 wks
	19.30 – 20.45	Modern dance-intermediate	Iris Platenkamp	30 wks
	20.45-22.15	Modern dance-advanced	Iris Platenkamp	30 wks
Theatre	19.30-21.30	The Michael Chekhov Technique	Sami Johnson	10 wks
Film, Photography & Media	18.00 – 20.00	Film Making	Roeland Dijksterhuis	10 wks
	20.30 – 23.00	DJ-ing	Cora Ziengs	5 wks
Fine Arts	15.00 – 17.00	Basic course in oilpainting,classical techniques	Marcel Duran	10 wks
	16.00 – 17.30	Crochet	Iza van den Bosch	5 wks
	17.45 – 19.45	Drawing and Painting Beginners (NL)	Ellis Veldstra	10 wks
	20.00 – 22.00	Model and Portrait Drawing and Painting	Marcel Duran	10 wks
Music	09.30 – 12.00	Individual Guitar Lessons (lessons of 30 minutes)	Michiel Megens	10 wks
	12.30 – 21.00	Individual Singing Lessons (Lessons of 30 minutes)	Helena Richter	10 wks

** Information subject to changes and typing errors*